



# PHYSICAL EDUCATION POLICY

School Details :	<p><b>The Island Project School</b>  DofE Registration Number : 334/6010  Company Registration Number : 5924196  Registered Charity Number : 1119034  Telephone Number : 01675 442588</p>
Designated Safeguarding Lead :	<p><b>Sarah Gallagher</b> – School Principal  Mobile : 07971 543 832  Email : <a href="mailto:s.gallagher@ipschool.co.uk">s.gallagher@ipschool.co.uk</a></p>
Deputy Designated Safeguarding Lead :	<p><b>Nicole Sheehan</b> – SLT (Head of School)  mobile: 07971 543 755  email : <a href="mailto:n.sheehan@ipschool.co.uk">n.sheehan@ipschool.co.uk</a>  <b>Melanie Collett</b> – SLT (Head of Further Education)  Mobile : 07971 543 753  Email : <a href="mailto:m.collett@ipschool.co.uk">m.collett@ipschool.co.uk</a>  <b>Nial Al-Zanki</b> – Head of Post 16  email : <a href="mailto:n.al-zanki@ipschool.co.uk">n.al-zanki@ipschool.co.uk</a>  telephone : 01675 466 682</p>
Designated Trustees For Child Protection:	<p><b>Jacqui Walters-Hutton</b>  Email : <a href="mailto:jwaltershutton.trustee@ipschool.co.uk">jwaltershutton.trustee@ipschool.co.uk</a></p>
Senior Leadership Team :	<p><b>Sarah Gallagher</b> – SLT (School Principal)  <b>Carol Howe</b> – SLT (Curriculum Director)  email : <a href="mailto:c.howe@ipschool.co.uk">c.howe@ipschool.co.uk</a>  <b>Paul Quigley</b> – SLT (Commercial Director)  email: <a href="mailto:p.quigley@ipschool.co.uk">p.quigley@ipschool.co.uk</a>  <b>Nicole Sheehan</b> – SLT (Head of School)  <b>Melanie Collett</b> – SLT (Head of Further Education)</p>
Trustees :	<p><b>Gordon Booth</b> <a href="mailto:gbooth.trustee@ipschool.co.uk">gbooth.trustee@ipschool.co.uk</a>  <b>Jacqueline Walters-Hutton</b>  <b>Claire Browning</b> <a href="mailto:cbrowning.trustee@ipschool.co.uk">cbrowning.trustee@ipschool.co.uk</a>  <b>Lucy Doble</b> <a href="mailto:ldoble.trustee@ipschool.co.uk">ldoble.trustee@ipschool.co.uk</a></p>
Date Last Reviewed :	<p>Reviewed and reissued : 28<sup>th</sup> February 2017</p>
To be reviewed by :	<p>28<sup>th</sup> February 2019</p>

# Physical Education Policy Statement

## Aims of Policy:

- to promote physical competence
- to promote physical development
- to develop inter-personal skills (e.g. fair play, co-operation and being a team member)
- to develop personal qualities (e.g. self-esteem, commitment, positive attitudes, enthusiasm)

## Planning and Organisation

We achieve balance through having a clear view of P.E. discussing aims, purposes and intended outcomes of activities. This ensures 'breadth, depth and enables progression' keeping in mind the balance and requirements of the rest of the curriculum. P. E is taught as a separate subject but forms part of cross-curricular work and is incorporated into sensory plans and movement break plans.

- health education including personal hygiene
- developing problem-solving activities - personal and social development
- speaking and listening - making decisions.

Dress is important - children should wear P.E. clothes if possible, all pupils have a change of clothes in school. NO JEWELLERY. Long hair should be tied back to avoid possible safety risks.

## Teaching approach

For P.E. specific lessons the content should include a warm up and recovery time appropriate to the activity. There should also be opportunities to watch other children and demonstrations by staff, with appropriate prompt procedures to master the correct techniques. Appropriate language support and guidance should as in all other areas of the curriculum be available to each pupil.

## Access and Entitlement

We believe that all children should have access to the P.E. The curriculum designed for the pupils at The Island Project School have timetabled P.E. sessions along with appropriate gross and fine motor tasks as part of their individual curriculum and additional physical activities where appropriate in conjunction with behaviour plans and sensory plans.

## Teaching staff and tutors will:

- have the expectation that all children, through experience, know about and value the benefits of participation in physical activities and that they will carry this into their adult lives.

Children will:

- have the confidence to tackle new forms of P.E., and express thoughts and feelings through some activities.

To enable full participation, parents should in partnership with the school:

- provide kit, footwear, etc. as required

## **Differentiations**

This will be achieved by using a wide range of activities that develops children's ability to make decisions, select, refine, judge and adapt movements according to their needs. The organisation of P.E. enables children to participate fully. Our planning will take account of sensory, physical, cognitive, emotional or behavioural development by concentrating on the child's abilities and needs not his/her disabilities.

## **Resources**

The Management team and staff will regularly check resources for safety and full risk assessment should be carried out as outlined in the Risk assessment guidelines for any new equipment or activity.

## **Safety**

Children should be taught how to lift, carry, place and use P.E. equipment. They need to be aware of the safety of themselves and other children by responding to instruction and procedures.

## **Staff roles and responsibilities**

All staff will be trained in P.E. according to their skills.

## **Monitoring and Evaluating**

The development of P.E. is monitored by the Management team, through focused planning, working alongside the class and as part of individual monitoring and evaluation of curriculum and behaviour plans.